

# 1/2 Hotel Pans:	Portion by Age Group			Monday	Tuesday	Wednesday	Thursday	Friday
5 LUNCH	1-2	3-5	6-12	12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025
Components				Primavera Pasta	Taco Pasta	New Years	Chicken Fried Rice	Baked Ziti
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk		1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Pasta	Whole Grain Penne		Whole Grain Rice	Whole Grain Pene
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheese	chicken		Chicken	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Spinach/Tomatoes	Onions, Peppers		Mixed Veg	Tomato Sauce, Mixed Veg
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	tropical fruit		Pineapple	Peaches
5 Dinner								
Components				Red Beans & Rice	Taco Pie	New Years	Baked Ziti	Dirty Rice
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk		1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Whole Grain Tortilla Chips		Whole Grain Pene	Whole Grain Rice
Meat/Meat Alternate	1oz	1.5oz	2oz	Beans	beef/ Cheese		Beef	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Onions & Peppers	Beans, Tomato		Tomato Sauce, Mixed Veg	Peppers, onions
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Tropical Fruit		Pineapple	Peaches
5 LUNCH	1-2	3-5	6-12	1/6/2025	1/7/2025	1/8/2025	1/9/2025	1/10/2025
Components				Broccoli Cheddar Casserole	Taco Salad	Soup and Sandwich	Baked Ziti	Chicken Salad
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Whole Grain Chips	Whole Grain bread	Whole Grain Pene	Whole Grain Bread
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar, Mozz	Beef	Cheese	Turkey	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli	Salsa, Lettuce, Beans	Tomato soup	Tomato Sauce, Mixed Veg	Carrots & Celery
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Oranges	Apple Sauce	Mixed fruit	Peaches	Mixed fruit
5 Dinner								
Components				Veggie Wraps	Mexican Rice	Chicken Stroganoff	Meatloaf	Shepherds Pie
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Wraps	Whole Grain Rice	Whole Grain Noodles	Whole Grain Roll	Whole Grain Roll
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheese	Chicken	Chicken	Beef	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Carrots, Spinach	Beans, Tomatoes, corn	Green Beans	Mashed Potatoes	Peas, corn, carrots
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Oranges	Apple Sauce	Mixed fruit	Peaches	Mixed fruit
5 LUNCH	1-2	3-5	6-12	1/13/2025	1/14/2025	1/15/2025	1/16/2025	1/17/2025
Components				Primavera Pasta	Taco Bake	Chicken Ranch Wrap	Fall Salad	Turkey Pot Pie
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Pasta	Whole Grain Rice	Whole Grain Wrap	Whole Grain Roll	Whole Grain crust
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheese	Beef	Chicken	Turkey	Turkey
Vegetable	1/8 cup	1/4 cup	1/2 cup	Spinach/Tomatoes	Salsa, Corn, Peppers	lettuce	Sweet Potato, Apples	Mixed Vegetables
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Applesauce	Mandarin Oranges	Mixed fruit	Mixed fruit	Diced Pears
5 Dinner								
Components				Veggie Alfredo	Chicken Fajiti	Chili	Baked Chicken	Baked Lasgna
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Penne	Whole Grain Tortillas	Cornbread	Whole Grain Rolls	Whole Grain Pasta
Meat/Meat Alternate	1oz	1.5oz	2oz	Mozz, Parm	Chicken	Beef	Chicken	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli, Cauliflower	Onions, Peppers	Mixed Vegetables	Mashed Potatoes	Onions, Peppers
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Oranges	Mixed fruit	Mixed fruit	Mixed fruit
5 LUNCH	1-2	3-5	6-12	1/20/2025	1/21/2025	1/22/2025	1/23/2025	1/24/2025
Components				Mac and Cheese	Arroz Con Pollo	Sloppy Joes	Salad	Tomato Basil pasta
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Noodles	Whole Grain Rice	Whole Grain Bun	Whole Grain bread	Whole Grain Pasta
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar, Mozzarella	Chicken, Cheese	Beef	Cheese, Chix	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Mixed Veg	Onion , peppers, Beans	Rasted Potatoes	Tomato, lettuce	Carrot Sticks
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mandarin Oranges	peaches	Mixed fruit	Apple Sauce	Mixed fruit
5 Dinner								
Components				Garden Rice Pilaf	Southwest Pasta	Chicken Fried Rice	Dirty Rice	Meatloaf
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Tortilla	Whole Grain Rice	Whole Grain Rice	Whole Grain Roll
Meat/Meat Alternate	1oz	1.5oz	2oz	Black Beans	Beef	Chicken	Chicken	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Brocoli/Cauliflower	Salsa , onion	Mixed Veg	Onion , peppers, Beans	Mashed Potatoes
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mandarin Oranges	Peaches	Mixed fruit	apple sauce	Mixed fruit
5 LUNCH	1-2	3-5	6-12	1/27/2025	1/28/2025	1/29/2025	1/30/2025	1/31/2025
Components				Primavera Pasta	Taco Pasta	Chicken Salad	Sloppy Joes	Dirty Rice
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Pasta	Whole Grain Penne	Whole Grain Bread	Whole Grain Bun	Whole Grain Rice
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheese	chicken	Chicken	Beef	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Spinach/Tomatoes	Onions, Peppers	Lettuce , tomato	Rasted Potatoes	Peppers, onions
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	tropical fruit	Mandarin Oranges	Mixed fruit	Peaches
5 Dinner								
Components				Red Beans & Rice	Taco Pie	Chili Mac	Baked Chicken	Turkey Pot Pie
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Whole Grain Tortilla Chips	Whole Grain Noodle	Whole Grain Rolls	Biscuits
Meat/Meat Alternate	1oz	1.5oz	2oz	Beans	beef/ Cheese	Beef	Chicken	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Onions & Peppers	Beans, Tomato	onions, peppers	Mashed Potatoes	Mixed Vegetables
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Tropical Fruit	Mandarin Oranges	Mixed fruit	Peaches