

# 1/2 Hotel Pans:	Portion by Age Group			Monday	Tuesday	Wednesday	Thursday	Friday
<b>5 LUNCH</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
Components				<b>Red Beans &amp; Rice</b>	<b>Burrito Bowls</b>	<b>Turkey Pot Pie</b>	<b>Sloppy Joes</b>	<b>Honey Garlic Chicken</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Whole Grain Rice	Biscuits	Whole Grain Bun	Whole Grain Noodles
Meat/Meat Alternate	1oz	1.5oz	2oz	Beans	Chicken	Turkey	Beef	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Onions & Peppers	Lettuce, Salsa,cheese	Mixed Vegetables	Mixed Veg	Mixed Veg
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Peaches	Applesauce	Pears	Mixed Fruit	oranges
<b>5 Dinner</b>								
Components				<b>Tomato Basil pasta</b>	<b>Tamale Pie</b>	<b>Sloppy Joes</b>	<b>Chicken Drumsticks</b>	<b>Turkey Pot Pie</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Pasta	Whole Grain Cornbread	Whole Grain Bun	Whole Grain Roll	Biscuits
Meat/Meat Alternate	1oz	1.5oz	2oz	Mozz, Parm	Beef	Beef	Chicken	Turkey
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broc, Cauliflower mix	Salsa, Black Bean, tomato	Mixed Veg	Mashed potatoes	Mixed Vegetables
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Peaches	Applesauce	Pears	Mixed fruit	oranges
<b>5 LUNCH</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
Components				<b>Broccoli Cheddar Casserole</b>	<b>Taco Salad</b>	<b>White Turkey Chili</b>	<b>Chicken Stroganoff</b>	<b>Cheese burger pasta</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Whole Grain Chips	Whole Grain Breadsticks	Whole Grain Noodles	Whole Grain Noodles
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar, Mozz	Beef	Roast Turkey	Chicken	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli	Salsa, Lettuce, Beans	Beans, Onions, Pepper	Green Beans	Mixed Veggies
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apples	Apple Sauce	Diced Pears	Peaches	Oranges
<b>5 Dinner</b>								
Components				<b>Primavera Pasta</b>	<b>Mexican Rice</b>	<b>Chicken Stroganoff</b>	<b>Cheese burger pasta</b>	<b>White Turkey Chili</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Pasta	Whole Grain Rice	Whole Grain Noodles	Whole Grain Noodles	Whole Grain Breadsticks
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheese	Chicken	Chicken	Beef	Roast Turkey
Vegetable	1/8 cup	1/4 cup	1/2 cup	Spinach/Tomatoes	Beans, Tomatoes, corn	Green Beans	Mixed Veggies	Beans, Onions, Pepper
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apples	Apple Sauce	Diced Pears	Peaches	Oranges
<b>5 LUNCH</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
Components				<b>Fall Salad</b>	<b>Taco Bake</b>	<b>Tuna Salad</b>	<b>Chicken Curry casserole</b>	<b>Chili Mac</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Roll	Whole Grain Rice	Whole Grain Buns	Whole Grain Rice	Whole Grain Noodle
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar	Chicken	Tuna	Chicken	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Sweet Potato, Apples	Salsa, Corn, Peppers	Cucumber salad	Carrots	onions, peppers
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Applesauce	Mandarin Oranges	Tropical Fruit	Pineapples	Diced Pears
<b>5 Dinner</b>								
Components				<b>Veggie Alfredo</b>	<b>Beef Nachos</b>	<b>Chicken Curry Casserole</b>	<b>Chili Mac</b>	<b>Tuna Salad</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Penne	Whole Grain Tortilla Chips	Whole Grain Rice	Whole Grain Noodle	Whole Grain Buns
Meat/Meat Alternate	1oz	1.5oz	2oz	Mozz, Parm	Beef	Chicken	Beef	Tuna
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli, Cauliflower	Salsa, Lettuce, Tomato	Carrots	onions, peppers	Cucumber salad
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Oranges	Tropical Fruit	Pineapples	Pears
<b>5 LUNCH</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024
Components				<b>Mac and Cheese</b>	<b>Arroz Con Pollo</b>		<b>Salad</b>	<b>Dirty Rice</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk		1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Noodles	Whole Grain Rice		Whole Grain bread	Whole Grain Rice
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheddar, Mozzarella	Chicken, Cheese		Cheese, Chix	Chicken, Cheese
Vegetable	1/8 cup	1/4 cup	1/2 cup	Mixed Veg	Onion , peppers, Beans		Tomato, lettuce	Onion , peppers, Beans
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mandarin Oranges	peaches		Apple Sauce	apple sauce
<b>5 Dinner</b>						<b>Christmas</b>		
Components				<b>Garden Rice Pilaf</b>	<b>Southwest Pasta</b>		<b>Dirty Rice</b>	<b>Baked Ziti</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk		1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Tortilla		Whole Grain Rice	Whole Grain Pene
Meat/Meat Alternate	1oz	1.5oz	2oz	Black Beans	Beef		Chicken, Cheese	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Broccoli/Cauliflower	Salsa , onion		Onion , peppers, Beans	Tomato Sauce, Mixed Veg
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Mandarin Oranges	Peaches		apple sauce	Pineapple
<b>5 LUNCH</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025
Components				<b>Primavera Pasta</b>	<b>Taco Pasta</b>		<b>Chicken Fried Rice</b>	<b>Baked Ziti</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk		1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Pasta	Whole Grain Penne		Whole Grain Rice	Whole Grain Pene
Meat/Meat Alternate	1oz	1.5oz	2oz	Cheese	chicken		Chicken	Beef
Vegetable	1/8 cup	1/4 cup	1/2 cup	Spinach/Tomatoes	Onions, Peppers		Mixed Veg	Tomato Sauce, Mixed Veg
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	<b>Apple Sauce</b>	tropical fruit		Pineapple	Peaches
<b>5 Dinner</b>						<b>New Years</b>		
Components				<b>Red Beans &amp; Rice</b>	<b>Taco Pie</b>		<b>Baked Ziti</b>	<b>Dirty Rice</b>
Fluid Milk	4 oz	6 oz	8 oz	1% or Whole Milk	1% or Whole Milk		1% or Whole Milk	1% or Whole Milk
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	Whole Grain Rice	Whole Grain Tortilla Chips		Whole Grain Pene	Whole Grain Rice
Meat/Meat Alternate	1oz	1.5oz	2oz	Beans	beef/ Cheese		Beef	Chicken
Vegetable	1/8 cup	1/4 cup	1/2 cup	Onions & Peppers	Beans, Tomato		Tomato Sauce, Mixed Veg	Peppers, onions
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Apple Sauce	Tropical Fruit		Pineapple	Peaches

# Snacks

				Monday	Tuesday	Wednesday	Thursday	Friday
<b>5 Snacks</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	Monday	Tuesday	Wednesday	Thursday	12/6/2024
Components				12/02/2024	12/3/2024	12/4/2024	12/5/2024	NO SNACK
Fluid Milk	4 oz	6 oz	8 oz	Hummus and Veg	Yougurt Dip/Veggies	Tomato Soup/Chz Bread	Baked Oatmeal	
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz					
Meat/Meat Alternate	1oz	1.5oz	2oz			WG Bread	Oats/Flour	
Vegetable	1/8 cup	1/4 cup	1/2 cup	Hummus	Yogurt Dip			
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Assort Veg	Assorted Veg	Tomato		
Fruit/Dried Fruit								
<b>5 Snacks</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
Components				Dried Fruit and Cereal	Fruit and Yogurt Parfait	Pump/BikBean Granola	Chocolate Hummus	NO SNACK
Fluid Milk	4 oz	6 oz	8 oz					
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz	WG Cereal	Granola	Oats	WG Graham Crackers	
Meat/Meat Alternate	1oz	1.5oz	2oz		Yogurt	Black Beans	Chickpeas	
Vegetable	1/8 cup	1/4 cup	1/2 cup					
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup	Assorted Dried Fruit				
<b>5 Snacks</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
Components				NO SNACK	NO SNACK	NO SNACK	NO SNACK	NO SNACK
Fluid Milk	4 oz	6 oz	8 oz					
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz					
Meat/Meat Alternate	1oz	1.5oz	2oz					
Vegetable	1/8 cup	1/4 cup	1/2 cup					
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup					
<b>5 Snacks</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024
Components				NO SNACK	NO SNACK	NO SNACK	NO SNACK	NO SNACK
Fluid Milk	4 oz	6 oz	8 oz					
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz					
Meat/Meat Alternate	1oz	1.5oz	2oz					
Vegetable	1/8 cup	1/4 cup	1/2 cup					
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup					
<b>5 Snacks</b>	<b>1-2</b>	<b>3-5</b>	<b>6-12</b>	12/30/2024	12/31/2024			
Components				NO SNACK	NO SNACK			
Fluid Milk	4 oz	6 oz	8 oz					
Grain/Bread Alternate	1/2 oz	1/2 oz	1 oz					
Meat/Meat Alternate	1oz	1.5oz	2oz					
Vegetable	1/8 cup	1/4 cup	1/2 cup					
Vegetable or Fruit	1/8 cup	1/4 cup	1/4 cup					

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